



UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

LETTER REGARDING SPECIMEN REQUIREMENTS 2017

Specimens should be collected without preservatives or additives. The serum should be separated from the clot within two hours and can be sent to the Rheumatology laboratory at room temperature. If the serum is not sent within 24 hours, please refrigerate until it is sent. 1-2 mls of serum is sufficient. No special preparation of the patient is necessary. The Rheumatology laboratory does not draw any blood samples.

If samples are being delivered by courier, please place samples in a leak proof, clear plastic bag and separate the requisition from the sample. If the sample is sent by Federal Express, UPS or US Mail, please place the specimen in a mailing tube and then place the tube in a cardboard mailer or specimen mailer with our address and your laboratory's return on it. Please separate the requisition from the specimen tube.

Please make sure that the cap fits the specimen tube and that it is tightly sealed. DO NOT use parafilm in place of a properly fitted cap.

Please make sure that the patients name is on both the requisition and the specimen tube. Please make sure that the requesting physician or laboratory's return address is on the request slip.

If in the opinion of the requesting physician any test performed by this laboratory yields results incompatible with other clinical and/or laboratory data, the test will be repeated at no charge.

Reasons for rejection of specimens:

1. If the specimen is grossly hemolyzed or lipemic.
2. If the specimen has been held at higher than room temperature, (Such as in a car in the summer heat).
3. If the specimen is cerebral spinal fluid, joint fluid or urine.
4. If the name on the specimen tube and the request form do not match.

This does not mean that all "unsuitable" specimens are discarded or not analyzed. The condition of the sample will be stated on the report, and a notation made of the limitation in test result interpretation.

Your assistance is appreciated.

Sincerely,

Ashley Frazer-Abel, PhD, D(ABMLI)
Director Exsera BioLabs
Assistant Research Professor