GENERAL INFORMATION

This program is designed to meet the educational needs of physicians, physician assistants, nurse practitioners, nurses, medical students, cardiac rehabilitation specialists, diabetes educators, and many others involved in women’s health.

ACCREDITATION

The University of Colorado School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Colorado School of Medicine designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credits.™ Physicians should claim only the credit commensurate with the extent of their participation in this activity.

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to

1. Review and analyze recent trials using hyperglycemic agents and cardiovascular and renal disease.

2. Using most recent guidelines, identify high-risk, eligible patients who can benefit from lipid lowering therapy.

3. Develop communications strategies for discussing statin deprescribing with appropriate patients.


5. Utilize evidence-based assessment and treatment approaches for depression and anxiety in women experiencing peri and post-menopausal symptoms.

6. Formulate patient specific medication recommendations based on clinical guidelines, genetic test results, and other patient factors.
7:30–8:00 AM  Registration and Continental Breakfast
8:00 AM  Introduction and Welcome
   Judy Regensteiner, PhD, Director and Co-founder, Center for Women’s Health Research
   Jane Reusch, MD, Associate Director, Center for Women’s Health Research

SESSION 1

8:15 AM  Decoding what to do with your Patients who have Diabetes and Cardiovascular Disease
   Jane Reusch, MD

8:45 AM  Statins: Fact, Fiction, and Myths
   When Should you Start Statin Therapy and/or Consider Other Lipid Lowering Medication?
   Marc Cornier, MD
   When Should you Consider Stopping Statins in Older Adults?
   Amy Huebschmann, MD

9:45 AM  Panel: Questions and Answers

10:15 AM  Break and Healthy Snack

SESSION 2

10:45 AM  Cardiovascular Disease in Transgender Adults Taking Gender-Affirming Hormone Therapy: Exploring Sex Steroids, Gender, and Risk
   Sean Iwamoto, MD

11:15 AM  Sleep and Mood in Women going through Menopause: Strategies to Improve Well-Being
   Helen L. Coons, PhD, ABPP

11:45 AM  Personalized Medicine: Implications for Women’s Health
   Christina Aquilante, PharmD, FCCP

12:15 PM  Panel: Questions and Answers

1:00 PM  Conference Adjourns

PRESENTED BY
Center for Women’s Health Research and the University of Colorado School of Medicine
Christina Aquilante, PharmD, FCCP
Professor of Pharmacy
Department of Pharmaceutical Sciences
Skaggs School of Pharmacy and Pharmaceutical Sciences

Helen L. Coons, PhD, ABPP
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Department of Medicine
Co-founder, UCHealth Integrated Transgender Program

Jane Reusch, MD
Professor of Medicine
Division of Endocrinology, Metabolism, and Diabetes
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Associate Director, Center for Women's Health Research

REGISTRATION

This symposium will fill to capacity. Early registration is encouraged.

Registration is $30. NOTE: To register online and pay using your credit card, please visit www.cwhr.org.

Last Name__________________________________________________ First Name_______________________________ MI_________
(Please print name as you would like it to appear on your CME certificate)

Degree______ (Necessary for CME Certification) Practice name/organization: ________________________________

Mailing Address _______________________________________________________________________________________

City________________________________________________________ State_______ Zip_____________________

Phone ______________________________ E-mail ____________________________________________________________

Please indicate if you have any special assistance needs:_________________________________________________________

Please enclose check payable to the University of Colorado/CWHR with the completed form and mail to:

University of Colorado/CWHR
Mail Stop C-263
12348 E. Montview Blvd.
Aurora, CO 80045

If you need to cancel your registration, full refunds will be issued through February 21, 2020.
The registration cannot be refunded after February 21, 2020.

QUESTIONS?
Call 303-724-0305 or email cwhr@cuanschutz.edu
**Directions and Parking**

**Anschutz Medical Campus**
Krugman Conference Room, Research Complex 2  
12700 East 19th Ave.  
Aurora, CO 80045

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**From Downtown Denver:**
Head east on Colfax. Turn left on Quentin Street (one street east of Peoria) to enter the University of Colorado Anschutz Medical Campus. Proceed North on Quentin and turn right at the 3rd stop sign. Park at the Cheyenne Wells Lot or the Ignaciol lot. The Krugman Conference Room is located in the Research Complex 2 Building. Additional visitor lots (Monte Vista and Snowmass) are close by.

**From the North:**
From I-70, take the Peoria exit traveling south to Colfax. Turn left on Colfax heading east. Turn left on Quentin Street (one street east of Peoria) to enter the University of Colorado Anschutz Medical Campus. For parking, follow the directions above in the Downtown Denver section.

**From the South (via I-225):**
Take I-225 North to the Colfax exit. Turn left at the light on Colfax heading west. Turn right on Quentin St. (last street before the intersection of Peoria and Colfax). For parking, follow the directions above in the Downtown Denver section.