What’s the most important skill in Jazz?
What’s the most important skill in leadership?
Let’s practice
Reflective Listening
The Attitude. Curious, non-judgmental, seek to understand the other person’s perspective.

The Skill. Ask open ended questions and actively listen.
Speaking Task: Share with your partner a "Stepping Stone Experience" which represents a major direction changing experience in your life. It may be a person, an event, an important decision...
Listening task:
Listen actively but quietly without interrupting or interjecting opinions.

Focus on what your partner is saying, rather than to your internal thoughts.

When your partner finishes, summarize or paraphrase what they told you using their words as much as possible.
Debrief
We just reviewed and practiced 2 skills. Nice!