# April 17, 2018

**ERAS Letter of Recommendation for Zebulon Pike**

**AAMC ID # 14114**

Dear Program Director:

It is my privilege to offer this letter of recommendation for Zebulon Pike for residency training in Wilderness Medicine. Zebulon served as a third-year medical student at the Colorado Springs Branch of the University of Colorado School of Medicine during the last academic year where I am familiar with him in my role as his longitudinal preceptor in Wilderness Medicine. In this role, I worked one-on-one with Zebulon for one half-day per week for ten months during the academic year.

I had the privilege of working with Zebulon for his required Wilderness Medicine experience as a part of the third-year Longitudinal Integrated Clerkship (LIC) at the Colorado Springs Branch. Overall, he did an outstanding job. He demonstrated outstanding medical knowledge, strong clinical skills, a love for learning, and strong advocacy for his patients. He was able to gather accurate histories from patients and present them in an efficient and effective manner. In fact, he frequently elicited subtle travel histories that contributed to our differential considerations and workup plans. He consistently posited a thoughtful assessment and plan and took primary responsibility for his patients. By the second half of the year, Zebulon was able to provide excellent education about several of our common diagnoses to patients and was very adept at creating splints out of trekking poles. He was always professional, positive, and anxious to utilize feedback to improve. After he completed the year, many of my patients asked about his whereabouts and commented on how they missed seeing him at their visit. Similarly, my office staff looked forward to Zebulon’s days with us and they have missed seeing him, since his departure.

Zebulon has chosen to pursue a career in Wilderness Medicine, where he will thrive in providing thoughtful, improvised care whether on a mountain, or in a dessert. I anticipate that he will develop a great relationship with his colleagues and the Department/Hospital staff. Any residency program would be lucky to have him and we would be fortunate to recruit him back to our community.

I recommend her to you with enthusiasm.

Please do not hesitate to contact me, if we may be of assistance at: mybestemailaddress.com.

Sincerely,

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| Chad Stickrath, MD, FACP  Assistant Dean, Colorado Springs Branch  Associate Professor of Medicine  University of Colorado School of Medicine |