



February 8 – 14, 2019

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[Health Sciences Building Rising At Anschutz Medical Campus](#)

Construction has started on the 390,914 SF Anschutz Health Sciences Building at the University of Colorado Anschutz Medical Campus.

Bisnow, Feb. 12, 2019

[Colorado university's new building will be a beacon for the campus](#)

The Anschutz Health Sciences Building at the [University of Colorado Anschutz Medical Campus](#) in Aurora, Colorado, broke ground last month.

The Construction Specifier, Feb. 14, 2019



[UCHealth plans new 11-story tower at Anschutz Medical Campus in \\$388 million expansion](#)

UCHealth University of Colorado Hospital plans to build an 11-story tower at its location at Anschutz Medical Campus in Aurora, a roughly \$388 million expansion that will add 103 inpatient beds.

Denver Post, Feb. 8, 2019



[How scientists are fighting against gender bias in conference speaker lineups](#)

It's open to anyone who self-identifies as a female scientist, says **Elizabeth McCullagh**, a postdoc at the CU Anschutz Medical Campus and a co-founder of the [Request a Woman Scientist](#) database. "If you feel like you fit into that mold—whether you're an undergrad, a graduate student, a postdoc, a professor, an independent scientist, if you think you're a high schooler who could actually be involved—everyone is welcome."

Science, Feb. 11, 2019



[Poor Sleep Plagues Many Kids With Autism](#)

“It was very clear that kids with features of autism have more sleep issues,” said **Ann Reynolds**, an associate professor of developmental pediatrics at the CU School of Medicine. “For almost all categories, there was a difference between ASD kids and the general population.”

Doctor's Lounge, Feb. 11, 2019



[Horse Therapy Helping Kids on the Autism Spectrum](#)

Robin Gabriels is a Professor of Psychiatry at the University of Colorado and a clinical psychologist at Children's Hospital. She was also a lead researcher in the study that found that therapeutic horseback riding has immediate and long-term benefits for children like Rich diagnosed with autism spectrum disorder.

KGNU (Boulder), Jan. 29, 2019



[Mammograms Helped Save Up to 600,000 U.S. Lives Since 1989: Study](#)

Recent studies “have focused media attention on some of the risks of mammography screening, such as call-backs for additional imaging and breast biopsies,” said study author **R. Edward Hendrick**, of the CU School of Medicine. But those reports have also often neglected “the most important aspect of screening -- that finding and treating breast cancer early saves women's lives.”

Health Day, Feb. 11, 2019



[FYI, You May Experience Menopause Symptoms A Lot Sooner Than You Think](#)

According to **Nanette Santoro**, chair of the Department of Obstetrics and Gynecology at the University of Colorado and a [menopause researcher](#), “the transition is marked by either a seven day or more increase in variability in your cycle length, or a skipped menstrual period.”

HuffPost, Feb. 15, 2019



[Inside Wellness – New cholesterol guidelines to know](#)

“There is good cholesterol, called HDL, or high-density lipoprotein. HDL is ‘good’ because it travels through the bloodstream, picks up the bad cholesterol, and delivers it to the liver, where bad cholesterol is removed from the body,” explained **William Cornwell**, cardiologist at UHealth University of Colorado Hospital on the Anschutz Medical Campus.

Estes Park Trail Gazette, Feb. 11, 2019



[Heart failure makes surgery riskier, even without symptoms](#)

Even so, the results confirm that all heart failure patients need to be cautious about approaching elective surgery and make sure they manage their disease as much as possible before their operations, said **Amrut Ambardekar**, a cardiology researcher at the CU Anschutz Medical Campus.

Reuters Health, Feb. 12, 2019



[How a heart surgeon’s life changed in moments after suffering a heart attack himself](#)

Brett Reece is a cardiothoracic surgeon at University of Colorado and he fixes people’s hearts every day. But he’s also a heart attack survivor, and he joined us to talk about how his life changed in just moments.

9News, Feb. 14, 2019



[Meet the man who saved a heart surgeon from a heart attack](#)

John Messenger is a cardiologist at the University of Colorado and also serves as the Director of the Cardiac Cath Lab at UC Health. He was in early that day, along with his cath lab team, and acted quickly with the Emergency Department staff to save his friend's life.

9News, Feb. 14, 2019



[Heart Week: Discussing life with congenital heart disease](#)

Joseph Kay, associate professor of pediatrics at CU School of Medicine: “In my practice, it’s mostly adults because I direct the program for adults with congenital heart disease, which spans both Children’s and University hospital. So 90 percent of my patients are adults with congenital heart disease.”

9News, Feb. 13, 2019



[These Colorado biotech companies have a passion for the heart](#)

Max Mitchell, a cardiac surgeon at Children's Hospital Colorado [and professor of surgery at the CU School of Medicine], recently installed a left ventricular assist device on a 13-year-old, only to return to the hospital that evening to operate on the teen again because of internal bleeding complications.

Denver Business Journal, Feb. 14, 2019



[Emtricitabine in dried blood spots predicts HIV viral suppression](#)

"We know that tenofovir diphosphate in DBS is a very powerful measure of cumulative adherence, and that it has a strong association with HIV viral load," said **Jose Castillo-Mancilla** of the School of Medicine, CU Anschutz Medical Campus.

MDLinx, Feb. 8, 2019



[Chronic kidney disease is on the rise. These researchers think climate change is a factor.](#)

"It was first noticed in El Salvador, where along the coast, people were getting kidney disease and being referred to the main hospital with kidney failure," said **Richard Johnson**, a kidney disease expert and professor of medicine at the University of Colorado.

Vox, Feb. 15, 2019



[Colorado woman donates body to science for digital cadaver project](#)

Vic Spitzer, a professor at the University of Colorado School of Medicine, helped pioneer the visible human project, an effort to create detailed three-dimensional views of the human body by slicing a dead body and photographing it after each slice is removed.

CGTN America, Feb. 14, 2019



[Denver Health Provides Free Medical Evaluations for Asylum Seekers](#)

Janine Young, a co-director of the Human Rights Clinic [and associate professor of pediatrics at CU School of Medicine] who has worked with immigrants and refugees as a pediatrician for two decades, specializes in identifying signs of female genital mutilation on children.

Westword, Feb. 15, 2019



[Trump Gains Weight, Now Considered Obese](#)

Robert Eckel, a former American Heart Association president and cardiologist at the University of Colorado, said he would aim for an LDL below 100. “Losing some weight would help modify some of the risk factors for heart disease,” Eckel said. “A 20 to 25-pound weight loss would be what I’d recommend if he were my patient. And that’s not a quick fix.”

KTSA (San Antonio) via Associated Press, Feb. 14, 2019



[WATCH: The Denver Post’s Understanding Alzheimer’s panel conversation](#)

Panelists included: **Jonathan Woodcock**, clinical director of the Rocky Mountain Alzheimer’s Disease Center at CU Anschutz and clinical director of the Memory Disorders Clinic with UHealth and **Hillary Lum**, a geriatrician and palliative care physician at the Seniors Clinic at University of Colorado Hospital, University of Colorado School of Medicine, and the VA Eastern Colorado Geriatric Research Education and Clinical Center.

Denver Post, Feb. 7, 2019



[Your Healthy Family: CU Medical students hand out Valentine’s Day cards to patients](#)

On this Valentines Day, medical students with the CU School of Medicine will be handing out handmade Valentine cards in Colorado. **Bri Hartman** is a third year medical student with the CU School of Medicine Colorado Springs branch, who says, “We are doing something called “Love Rounds” where we pass out Valentines to patients who are in the hospital over Valentines Day.”



“Our medical students show tremendous empathy and compassion for the patients by spending a little bit of time with them. It brings the humanistic part of being a physician back into clearer focus for them,” said **Erik Wallace**, who is the associate dean of CU School of Medicine, Colorado Springs branch.

KOAA (Colorado Springs), Feb. 14, 2019