

Nutritional Services	Description	Member fees	Non-member/industry fees
Administrative charges/subject	All studies will be charged this administrative fee on a per subject basis	\$ 6.50	\$ 6.50
Diet Record Instruction - based on hourly rate. See nutrition counseling	In-depth instruction on completing three-day food records, offered to individual study subjects or one-time instruction to study coordinators who can instruct subjects		
Diet Record Entry and Analysis/Three Days	Data entry/analysis of three day diet record by trained staff in NDS-R software	\$ 37.52	\$ 59.07
24 Hour Diet Recall	Standardized USDA Multiple Pass method using NDS-R software	\$ 52.13	\$ 70.98
Food Frequency Questionnaires (FFQs)	NCI FFQ, adult cost/subject - web-based FFQ for adults	\$ 7.74	\$ 10.67
	YAQ, Peds FFQ (Rockett) - Pen/Paper FFQ for children aged 9-18 years	\$ 25.93	\$ 36.74
Metabolic Diet/day	Controlled for calories, macronutrients (protein, fat, carbohydrates) and fiber over the whole day	\$ 125.82	\$ 180.82
Metabolic Diet/3 day	Same as above, for duration of 3 days	\$ 349.95	\$ 466.11
	Controlled for calories, macronutrients, plus 1 additional nutrient like simple sugars, fat subtype, sodium etc OR		
Metabolic Diet with 1 additional nutrient/day	Meeting macronutrient goals for every meal rather than over the whole day	\$ 145.93	\$ 180.40
Metabolic Diet with 1 additional nutrient/3 day	Same as above, for duration of 3 days	\$ 390.80	\$ 503.45
Metabolic Diet with ≥ 2 additional nutrients/day	Controlled for calories, macronutrients, ≥ 2 additional nutrients eg. sodium and calcium	\$ 169.26	\$ 225.20
Metabolic Diet with ≥ 2 additional nutrients/3 day	Same as above, for duration of 3 days	\$ 435.99	\$ 559.45
Metabolic Diet, Extra modules, 1d	Metabolic diet with upto two additional optional snacks (modules) controlled for calories/macronutrients per day	\$ 150.84	\$ 203.41
Metabolic Diet, Extra modules, 3d	Same as above, for duration of 3 days with upto 2 modules per day	\$ 383.12	\$ 525.68
	Diets using repetition of already planned menus. Use only when exact same diet to be used for a subject more than once (1st diet period at above rates, subsequent visits at this rate) or more than 6 consecutive days of diet are requested (1st 6 days at above rates, subsequent days at this rate)		
Metabolic Diet, Extra day, No planning, 1d		\$ 96.33	\$ 139.33
Metabolic Diet, Extra day, No planning, 3d	Same as above, for duration of 3 days	\$ 278.81	\$ 337.67
	Highly precise diet meeting nutrient goals for every meal eg. whole room calorimetry, fat oxidation or lipolysis studies	\$ 104.93	\$ 150.33
Metabolic Test Diet/day		\$ 55.28	\$ 77.08
Metabolic Test Meal	Single meal planned to meet precise nutrient requirements		
	Includes meal planning, extra food cost, weigh back of meal's leftovers	\$ 98.07	\$ 171.64
Ad libitum Buffet meal		\$ 202.65	\$ 291.36
Ad libitum Diet, 1d	Same as above, applies to a full day's adlib diet		
	Same as above, applies when study staff can collect and conduct weighback of leftovers in real time	\$ 176.40	\$ 257.75
Ad libitum Diet, 1d, no weighback		\$ 16.50	\$ 20.37
Food weigh back/meal	Cost of weighback of leftovers from a meal		
Food weigh back/day	Cost of weighback of leftovers from a full day's diet	\$ 48.78	\$ 62.94
	Standard meal with up to three nutritionally equal options. Same meal options offered across all study subjects	\$ 19.69	\$ 25.97
Standard Breakfast		\$ 28.44	\$ 36.76
Standard Lunch	Standard meal with up to three nutritionally equal options. Same meal options offered across all study subjects		
Standard Dinner	Standard meal with up to three nutritionally equal options. Same meal options offered across all study subjects	\$ 32.53	\$ 41.98
Standard Snack	Standard meal with up to three nutritionally equal options. Same meal options offered across all study subjects	\$ 17.69	\$ 24.29
	Indirect calorimetry measurements by our trained staff, eg RMR and includes staff time, met cart, and equipment	\$ 167.09	\$ 202.50
Indirect Calorimetry/test	Metabolic Cart and consumables only study team provides labor,		
	stated charge covers ≤ 6 tests with additional \$25.00/test for extra tests	\$ 119.83	\$ 173.39
Metabolic cart only (study staff provide labor)		\$ 13.77	\$ 17.14
Waist Circumference (WC)	Adult or pediatric subjects		
Skinfold measurement, single site	MAC: Mid Arm Circumference OR TSF: Triceps Skinfold OR BSF: Biceps Skinfold	\$ 16.65	\$ 21.41
Anthros, All	All Anthropometric measurements listed above	\$ 25.89	\$ 39.29
	Nutrition/weight management counseling, study-specific recipe or diet development, and extra time for any task listed or any new task	\$ 61.13	\$ 76.60
Nutrition Counseling/hour		\$ 66.79	\$ 88.42
Stat Courier (Boulder)/delivery	Setting up of courier service for pick up and delivery of diets between AMC and Boulder campus		
Photographic Record Entry and Analysis/Three Days	Data Entry/analysis of photographic three day diet record by trained staff in NDS-R software	\$ 59.89	\$ 84.94