

SASS

Second-Year Academic Success Series

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FALL 2021

SASS (Second-Year Academic Success Series) is designed to enhance student's study skills after their first year in college. In a collaborative series of workshop topics, second-year and transfer students will gain insightful tips and study techniques to advance their studies and help make the most of their learning potential. All series workshops will be in Learning Commons new Learning Lab 2230.

SECOND YEAR SUMMIT TO SUCCESS

THURSDAY, SEPTEMBER 2 | 1:00PM - 2:00PM

The kickoff! NOW is exactly the right moment to start. Learn about time management and how to get and STAY organized with your studies.

SECOND-YEAR MINDSET FOR LEARNING

THURSDAY, OCTOBER 7 | 1:00PM - 2:00PM

Great works are done through perseverance. Workshop attendees will hear about different study skills and learning strategies in order to embed self-advocacy and self-regulated learning in their own study habits.

RECHARGE, FOCUS AND THRIVE IN FALL 2021

THURSDAY, NOVEMBER 4 | 1:00PM - 2:00PM

Everybody needs some time to rejuvenate, refresh, recharge and begin again. In this workshop, students will learn about wellness and stress management. Additionally, helpful resources for health, nutrition, and financial success will be shared.

ALMOST DONE: FINALS PREP FOR SECOND-YEARS

THURSDAY, DECEMBER 2 | 1:00PM - 2:00PM

Stay positive, work hard... make it happen! In this final SASS workshop, students will learn how to best prep for upcoming finals. Discover test prepping techniques, how to manage proper sleep and eating, and most importantly, organizing study time for upcoming exams!

