

This summer you deserve a drink.

Our favorite summer activities might look a little different this summer, so all the more reason to indulge in something as healthy as it is refreshing.



Watermelon Chiller

- 3 cups seedless watermelon
- 1 cup coconut water
- 1 fresh lime, squeezed
- 1 sprig of mint
- Ice

Directions:

Add the watermelon, coconut water, lime juice and half the mint to a blender. Blend until smooth. Pour over ice and garnish with the additional mint.

A taste of things to come...

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