CU DENVER'S TUTORING HEADQUARTERS

The Learning Resources Center (LRC) monthly Newsletter is designed to keep students, staff and prospects up to date with the latest developments within the CU Denver Community, the LRC, and Colorado.

FALL BREAK

Nov 23 -29 (no classes, campus open)
Nov 26 (no classes, campus closed)

STORIES INSIDE THIS ISSUE:

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  - STRESS AWARENESS DAY
  - FALL BREAK
  - VETRAN'S DAY
- CRANBERRY ORANGE MUFFINS
- NOVEMBER ACTIVITIES
Scheduled Group Tutoring - 55 minute sessions for a wide range of frequently requested classes. Through Navigate, students can sign up for a max of 3 sessions per week.

Tutor Study Sessions- Drop-in style tutoring. The tutor has an expansive background in the subject and students can drop in for a minute to gain clarification on a quick question, or stay the whole time.

Supplemental Instruction (SI)- Courses that have high attrition and failure rates can utilize SI to help students increase learning and comprehension of course material. Students learn through critical thinking and problem solving where a faculty member is committed and partnered with the professor to better cater to the students.

Intensive Preparation (I-Prep) I- Prep services are designed to help students brush up on key concepts and foundations in courses they are currently enrolled in or will take in the future. These are free half day preparation sessions focused on core knowledge essential for academic success. Currently partnered with the chemistry department and piloting epidemiology until 2021.

Study Skills Workshops - Workshops focus on 12+ different academic skills such as time management, note taking, memory techniques and more. These workshops are offered in small group sessions and individually by appointment.

TUTOR APPRECIATION
Tutor Appreciation runs through November 15th

Celebrate the tutors at the LRC by leaving a quick thank you note on Padlet. This is an interactive board where you can leave a little note for public viewing. You can leave a note anonymously or with your name. A little kindness goes along way amidst the chaotic year of 2020. Go Lynx!
**STRESS AWARENESS DAY**: November 4th – National Stress Awareness Day on the first Wednesday in November aims to identify and reduce the stress factors in your life. Everyone has stress, and this date falls conveniently after Election Day!

**FALL BREAK**: From Nov 23 -29, there will be no classes, but campus will be open. On November 26th, there are no classes, and campus is closed in observance of the holiday.

**VETERANS DAY**: November 11th – honors all of those who have served the country in war or peace — although it’s largely intended to thank living veterans for their sacrifices.

**ELECTION DAY**: November 3rd – Early voting numbers in 2020 have been staggering. So far, 74 million people have turned out to vote, versus 54 million in 2016. Early voter turnout in Colorado increases 2,400% from 2016. Election Day is one of the most symbolic days in the United States, as it gives citizens the chance to exercise their freedoms. Election Day does come with controversy, as it tends to fall on a weekday. There has been a call to make Election Day a federal holiday, mandating paid time off to encourage voter turn out and flexible voting. Despite the continued campaigning from the candidates, many voters have not only have made up their minds, but they have sealed their vote. The result on November 3rd will be world news.

**COVID - 19 MANDATE IN COLORADO UPDATE**

As of October 27, 2020, the Colorado Department of Public Health & Environment (CDPHE) has moved the City and County of Denver, among other counties, to the more restrictive Safer at Home Dial Level 3. This move is in response to rapidly increasing case incidents, positivity rates and hospitalizations. This means that public spaces, both indoor and outdoor were allowed to have 50% capacity have decreased to 25% max capacity.

Denver’s tougher face covering mandate, issued on October 16, 2020, is also still in effect until further notice.

For testing information, click [HERE](#).

**CURRENT EVENTS**

**ELECTION DAY**: November 3rd – Early voting numbers in 2020 have been staggering. So far, 74 million people have turned out to vote, versus 54 million in 2016. Early voter turnout in Colorado increases 2,400% from 2016. Election Day is one of the most symbolic days in the United States, as it gives citizens the chance to exercise their freedoms. Election Day does come with controversy, as it tends to fall on a weekday. There has been a call to make Election Day a federal holiday, mandating paid time off to encourage voter turn out and flexible voting. Despite the continued campaigning from the candidates, many voters have not only have made up their minds, but they have sealed their vote. The result on November 3rd will be world news.

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**CRANBERRY ORANGE MUFFINS**
A great way to utilize this seasonal fruit!

**INGREDIENTS**
- 1/2 cup (115g) butter, softened
- 1/2 cup (100g) granulated sugar
- 1/4 cup (50g) packed brown sugar
- 2 large eggs, at room temperature
- 1/2 cup (120g) sour cream or buttermilk
- 2 teaspoons pure vanilla extract
- Zest of 2 oranges
- 1 and 3/4 cups (220g) all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon salt
- 1/4 cup (60ml) orange juice
- 1 and 1/2 cups (185g) fresh or frozen cranberries (do not thaw)

**ORANGE GLAZE**
- 1 cup (120g) confectioners’ sugar
- 3 Tablespoons (45ml) orange juice

**INSTRUCTIONS**

Preheat oven to 425°F (218°C). Spray a 12-count muffin pan with nonstick spray or line with cupcake liners. Set aside.

In a medium bowl using a handheld or stand mixer fitted with a paddle attachment, beat the butter, granulated and brown sugars and beat until light and creamy. Add the eggs, sour cream, and vanilla extract. Beat until the mixture is combined and uniform in texture. Add in the orange zest until combined.

In another bowl, mix flour, baking soda, baking powder, cinnamon, and salt. Pour the wet ingredients into the dry ingredients and slowly mix. Add the orange juice, gently mixing until combined and little lumps remain. Fold in the cranberries with a wooden spoon or rubber spatula.

Spoon batter into prepared muffin pan, filling them all the way to the top. Top the batter with an additional cranberry or two, for looks if desired.

**ORANGE GLAZE**
- 1 cup (120g) confectioners’ sugar
- 3 Tablespoons (45ml) orange juice

While the muffins are cooling for a few minutes, make the glaze by whisking the glaze ingredients together. Drizzle over warm muffins. Allow to briefly cool before serving.

- Adapted from Sally’s Baking Addiction
NOVEMBER ACTIVITIES

MILE HIGH HOLIDAY TREE

November 20– January 1
16th and Welton Street

Create a new family tradition and join in the free nightly festivities at Denver’s latest holiday attraction, which returns after making its debut last year. The Mile High Tree puts on a dazzling music and lights show.

It’s the largest installation of its kind in North America. The tree was created by ILMEX Illumination, a globally renowned decorative lighting production company in Spain. Madrid-based Brut Deluxe handled the lighting design using pixel-mapping technology.

Social distancing measures will be put in place.

DENVER FILM FESTIVAL

The Denver Film Festival makes it 2020 debut at Red Rocks and at home

The Denver Film Society reimagines the festival to be enjoyed from the comfort of your home or car. Viewers can enjoy an in-person experiences from the comfort of your vehicle, where films are displayed at the Red Rocks Amphitheatre. Other films can be viewed online on their website, denverfilm.org, Roku TV, Amazon Firestick, or on Apple TV.

The Denver Film Festival has something for everyone -documentaries, narratives, shorts, and and sections on Colorado film makers and women, and short films from the Manitou Incline and many more tremendous offerings.

The Denver Film Society also features a Q and A sessions at the end of films to further invoke discussion of the films.

The Denver Film Festival runs through November 8th.

Drive in event at Red Rocks parking lot

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