Crisis Support:

In a crisis present to the Emergency Department. If presenting to the UCH Emergency Department, identify yourself as a CU GME or DH resident/fellow for prioritization.

Resident and Fellow Mental Health Clinic:

**Purpose:** The Resident and Fellow Mental Health Clinic decreases barriers to care by offering evening and same-day appointments, and 24/7 on-call coverage by University of Colorado School of Medicine psychiatrists, psychologists, and an advanced practice psychiatric nurse.

**When:**
- Non-emergent appointments:
  - Monday through Wednesday (8:00 am – 8:00 pm)
  - Thursday and Friday (8:00 am – 5:00 pm)

**Where:** Department of Psychiatry at the University of Colorado Anschutz Medical Campus, Fitzsimmons Building (Building 500), 13001 E 17th Place, 2nd Floor, East Wing

**How:**
- Routine appointments:
  - Call 303-724-4716 or e-mail smhservice@cuanschutz.edu
- Urgent concerns:
  - Call 303-724-4716 and inquire about same-day appointment availability
  - If the same-day slot is filled, contact Dr. Rachel Davis directly at 303-724-8244 or Rachel.Davis@cuanschutz.edu
- Urgent concerns after-hours, on weekends, or on holidays:
  - Call 303-370-9127 for the on-call psychiatry attending

To access the Fitzsimmons Building after 6:00 PM on weekdays and any time on weekends, you will need a CU badge to unlock the outside door.

**FAQs**

**Q:** What services are included in my visit to the mental health clinic?

**A:** Services include medication management, individual psychotherapy, group psychotherapy, and psychoeducational testing. Services are attending-level; psychiatry residents do not staff the clinic.

**Q:** What if my ongoing mental health care needs exceed the capacity of the clinic (e.g. weekly therapy, specialized care)?

**A:** The psychiatry faculty will assist in the coordination of a referral to appropriate community providers.

**Q:** How will this work with my insurance?

**A:** The mental health clinic will accept most health insurance plans including the CU GME Health Insurance and DH Health Insurance. It is important to note that it is the resident’s/fellow’s responsibility to know their in-network versus out-of-network providers and understand the benefits covered by their health insurance plan. The resident/fellow and/or their health insurance plan are responsible for the payment of services received at the mental health clinic.

**Attention Residency/Fellowship Program Directors:** If you need help triaging a resident or fellow in crisis, please use the student/resident mental health pager at 303-266-4654 (8am-5pm M-F). If after-hours call 303-370-9127 for the on-call psychiatry attending.